

Prayer



Thank You

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Sorry

Please

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Every Christian thinks they should pray more. However we all know that it isn't easy to discipline ourselves to pray more. This is a suggestion about prayer to try next week.

On Sunday put a teaspoon in your pocket and carry it with you for a week. (If it's not one of your own please check with the owner of the teaspoon first!) When you feel the spoon remember to say thank you to God for something, or to say sorry to him for what you have done or failed to do, or to ask him for something.

“The four living creatures and the twenty-four elders fell down before the Lamb. Each one had a harp and they were holding golden bowls full of incense, which are the prayers of the saints.” (Revelation 5:8)